

Find Hidden Money

Your Excellence Survey

To Discover your Treasure Map

by Imagine More Success!

Write your number from 1 to 3 in front of the numbers below:

- 1. = Always
- 2. = Sometimes
- 3. = Never

- ___ 1. Have you struggled achieving your goals?
- ___ 2. Have you achieved your goals, but it took longer than you estimated?
- ___ 3. Have you not achieved goals to the level you anticipated or planned?
- ___ 4. Do you have some negative self-talk daily or several times per week?
- ___ 5. Do you keep people in your immediate circle that talk negatively to or about you?
- ___ 6. Are you in a position where those you work with are not kind or good to you?
- ___ 7. Do you display awards or testimonials of your work in prominent places?
- ___ 8. When people compliment you, do you brush it off or act like it is not a big deal?
- ___ 9. Do you share all your accomplishments with Family, Friends, on social media?
- ___ 10. Do you have one or more coaches that you regularly work with?
- ___ 11. Do those closest to you support you in your life journey—significant other, spouse, friends, etc.?
- ___ 12. Do you feel nurtured and supported in your circles and in the groups you belong?
- ___ 13. When you make a decision, are you determined to see it through?
- ___ 14. When working on a project, do you stay with it and meet deadlines, does your mind often wonder, or are you interrupted easily?
- ___ 15. Do you use visualization and positive self-talk daily?
- ___ 16. Do you use a planner most of the time, and when traveling, organize stops to maximize time?

___ 17. Do you utilize time-blocking on your planner/calendar?

___ 18. . Do you create an action plan to achieve goals?

Scoring: For each numbered question above, write the number you assigned to it (1, 2, or 3) below:

___ 1.

___ 4.

___ 7.

___ 2.

___ 5.

___ 8.

___ 3.

___ 6.

___ 9.

___ Total A (See below
below)

___ Total B (See below)

___ Total C (See
below)

___ 10.

___ 13.

___ 16.

___ 11.

___ 14.

___ 17.

___ 12.

___ 15.

___ 18.

___ Total D ((See below
below)

___ Total E (See below)

___ Total F (See
below)

Scoring to find your Treasure Map:

Possible Total points: 54

Possible points in each category: 9

Goal Achievement **Master** Course 1: Total Points: _____

0 – 3 POINTS: This category may be your biggest roadblock to Goal Achievement. You could benefit from Course 1: Goal Achievement **Master** Course

4 – 6 POINTS: This category may be holding you back from achieving some of your goals. You could benefit from Course 1: Goal Achievement **Master** Course

7 – 9 POINTS: You are achieving many or most of your goals. If you would like to advance your Goal Achievement, you could benefit from Course 1: Goal Achievement **Master** Course

Goal Achievement **INNER WORK** Course 2: Total Points: _____

0 – 3 POINTS: This category may be your biggest roadblock to Goal Achievement. You could benefit from Course 2: Goal Achievement **INNER WORK** Course.

4 – 6 POINTS: This category may be holding you back from achieving some of your goals. You could benefit from Course 2: Goal Achievement **INNER WORK** Course.

7 – 9 POINTS: You are achieving many or most of your goals. If you would like to advance your Goal Achievement, you could benefit from Course 2: Goal Achievement **INNER WORK** Course.

Goal Achievement **SELF-ESTEEM & CONFIDENCE** Course 3: Total Points: _____

0 – 3 POINTS: This category may be your biggest roadblock to Goal Achievement. You could benefit from Course 3: Goal Achievement **SELF-ESTEEM & CONFIDENCE** Course.

4 – 6 POINTS: This category may be holding you back from achieving some of your goals. You could benefit from Course 3: Goal Achievement **SELF-ESTEEM & CONFIDENCE** Course.

7 – 9 POINTS: You are achieving many or most of your goals. If you would like to advance your Goal Achievement, you could benefit from Course 3: Goal Achievement **SELF-ESTEEM & CONFIDENCE** Course.

Goal Achievement **YOUR SUPPORT** Course 4: Total Points: _____

0 – 3 POINTS: This category may be your biggest roadblock to Goal Achievement. You could benefit from Course 4: Goal Achievement **YOUR SUPPORT** Course 4 .

4 – 6 POINTS: This category may be holding you back from achieving some of your goals. You could benefit from Course 4: Goal Achievement **YOUR SUPPORT** Course 4.

7 – 9 POINTS: You are achieving many or most of your goals. If you would like to advance your Goal Achievement, you could benefit from Course 4: Goal Achievement **YOUR SUPPORT** Course 4.

Goal Achievement **VISIONING, AFFIRMATIONS, & FOCUS** Course 5: Total Points: _____

0 – 3 POINTS: This category may be your biggest roadblock to Goal Achievement. You could benefit from Course 5: Goal Achievement **VISIONING, AFFIRMATIONS, & FOCUS** Course 5.

4 – 6 POINTS: This category may be holding you back from achieving some of your goals. You could benefit from Course 5: Goal Achievement **VISIONING, AFFIRMATIONS, & FOCUS** Course 5.

7 – 9 POINTS: You are achieving many or most of your goals. If you would like to advance your Goal Achievement, you could benefit from Course 5: Goal Achievement.

Goal Achievement **MANAGE YOUR INNER CEO** Course 6: Total Points: _____

0 – 3 POINTS: This category may be your biggest roadblock to Goal Achievement. You could benefit from Course 6: Goal Achievement **MANAGE YOUR INNER CEO** Course 6.

4 – 6 POINTS: This category may be holding you back from achieving some of your goals. You could benefit from Course 6: Goal Achievement **MANAGE YOUR INNER CEO** Course 6.

7 – 9 POINTS: You are achieving many or most of your goals. If you would like to advance your Goal Achievement, you could benefit from Course 6: Goal Achievement **MANAGE YOUR INNER CEO** Course 6.

DISCLAIMER: Suggestions in this quiz or in the courses mentioned are to be used in place of mental health support or medical attention. Please contact a medical professional if necessary.

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